NEWSLETTER



NAVCOMTELSTA Far East

Command Ombudsman Newsletter



Welcome to this quarter's NCTS FE Ombudsman Newsletter. In this edition the focus is on children. Whether you have children or are planning on having them sometime in the future, the following information will help you better understand the programs the Navy has in place for them. Included you

will find information on the Navy Child and Youth Programs (CYP), the School Liaison Program and some quick links to assist you. Along with these programs I have included some information on how to keep your children safe online. I hope you enjoy this edition of the newsletter!

Ombudsman Contact Information:

Moriah Haefner



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Email:

nctsfeombudsman@yahoo.com

NOTE FROM YOUR OMBUDSMAN

Hello Everyone,

I hope you all had a wonderful holiday season. It's been a cold one this year. I hope all of you are staying warm and enjoying your left over hot cocoa as we begin to head into the warmer spring months.

Please be sure to check out some very important information on the next page regarding the 2012 Japanese Road Tax Season. It is my hope that you are finding the information in the newsletter to be helpful and informative. If there is ever a subject or topic of

interest that you would like covered in the newsletter please do not hesitate to share your ideas. If you would like to contribute an article to the newsletter, I would be happy to include it for command approval.

Should you ever have any questions, concerns, or be in need of any resource information remember I am here for you! I look forward to working with you and meeting more of you as we begin to look forward to the summer months!

Sincerely, Moriah Haefner



2012 JAPANESE ROAD TAX INFORMATION

The dates that you can pay the tax on base are March 27th & 29th and again on April 24, 26, and 27th. The location will be at building "J-196" Which is where VRO and the NEX Car Rental are located.

For those of you who are new to Japan, the Road Tax is paid yearly and required for all vehicles. The following information is very helpful and the process is pretty straightforward.

Here is some information to keep in mind:

- Taxes must be paid in Japanese Yen
- No US Dollar, Checks, and Credit Cards

Fees (Take a look at the plate on your car to determine which amount you will be paying):

- License Plate Category: 40/400, 50/500 Plates: ¥ 7,500
- License Plate Category: 33/300 (4.5L & below): ¥ 19,000
- License Plate Category: 33/300 (4.6L & above): ¥ 22,000
- License Plate Category 11/100: ¥ 32,000
- Mini-Car and Motorcycle taxes
 <u>MUST be paid at Yokosuka city</u>
 hall or Naka Ward Office
 (Negishi; the place where you
 registered first). Mini-Car Road
 Tax: ¥ 3,000

 Motorcycle Road Tax: 126cc and above: ¥ 1,000 and 125cc

and below: ¥ 500.

- * Bring your receipt and registration package for *all* of your vehicles to VRO to receive a 2012 Road Tax Decal.
- * All vehicles must display a 2012 Road Tax Decal before 1 June 2012.
- * DBIDS registration required prior to receiving 2012 Road Tax Decal.
- * For more information, contact the Vehicle Registration Office at 243-5011.

All vehicles must have the new Road Tax decal on their cars by June 1, 2012 or you could be prohibited from entry onto the base.

PAYING 2012 ROAD TAX OFF BASE & VRO REQUIREMENTS

To pay your 2012 Road Tax off Base you must provide the Tax office the following items:

- 2011 Road Tax Receipt (Last year receipt)
 - Japanese Title
- Fee for 2012 Road Tax (see previous section for the specific fee rates).
- Mini-Car and Motorcycle's must pay where the vehicle was first registered:
 - Yokosuka-Yokosuka City Hall
 - Negishi -Naka Ward Office.

After paying your Road Tax at the off base locations you must bring all of your vehicle paperwork to the Vehicle Registration Office (VRO) to be issued your 2012 Decal.

When you go to VRO you must provide the following items:

• SOFA ID CARD (you must be registered in DBIDS).

- 2012 ROAD TAX RECEIPT
- JAPANESE TITLE
- BASE INSPECTION SHEET
- JCI INSURANCE
- LIABILITY INSURANCE
- PARKING CERTIFICATE WITH CURRENT RESIDENCE
- DRIVER'S LICENSE(S) (If you have more than one vehicle, additional driver's license will be required).
- Representatives other than your spouse are required to present an original Power of Attorney.
- Unfinished paperwork (registration, deregistration, POA, traffic citation, etc...) will prevent further processing, so be sure to have all issues resolved.
- If a member owns more than one vehicle, ALL vehicles must be registered at the SAME TIME.

OFF BASE LOCATIONS

Yokosuka base

"J-196" (where the VRO/NEX Car Rental are located - building in front of Chili's next to the Auto Port). March 27, 29 & April 24, 26, 27

Branch of the Kanagawa Tax Office in Yokosuka

0900-1200/1300-1430

(see map on the next page). 0830-1700, Mon-Fri

LTO (Yokohama)

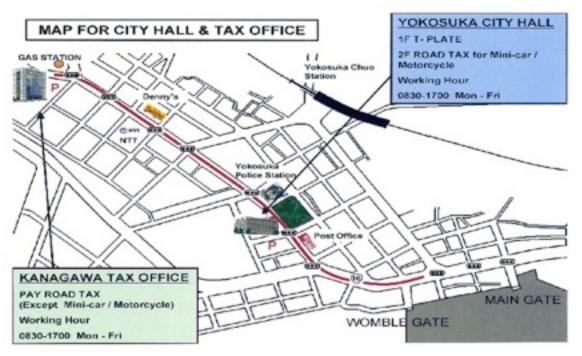
0845-1120/1300-1530, Mon-Fri

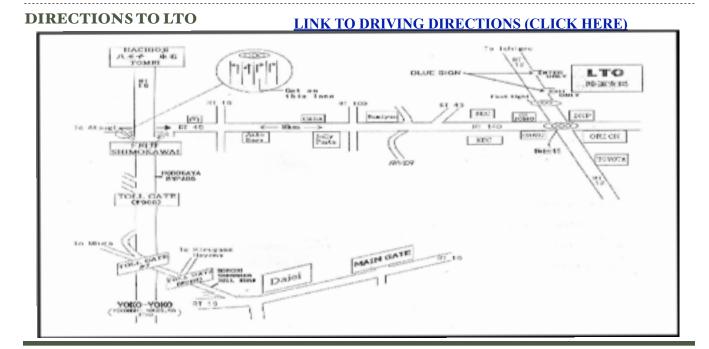


MAPS & DIRECTIONS



MAP of Kanagawa Tax Office







CHILD AND YOUTH PROGRAMS (CYP)



Navy Child and Youth Programs (CYP) provide

developmental child care and youth recreational programs and services for eligible children and youth ages 4 weeks to 18 years old. The program and services are specifically designed and operated to meet the needs of the military mission and service members and their families.

Programs include:

- *Child Development Centers* (*CDC*) which provide full-and part-day child care for ages 6 weeks to 5 years.
- *Child Development Homes* (*CDH*) provide full and part day and night and weekend child care for ages 4 weeks to 12 years.

- *School-Age Care (SAC)* provides before- and after-school care and day camps for ages 6 to 12.
- Youth and Teen Programs provide sports programs, leisure classes, youth Internet labs and teen programs for ages 6 to 18.
- Child and Youth Education Services helps "level the playing field" for transitioning students, prepares schools and installations to respond confidently to the complexities of transition and deployment. It provides assurance to families that their children's academic well-being is a Navy priority by providing:
 - · School transition services.
 - Deployment support.
- Installation, school, community communications.
 - Partnerships in education.
 - Home-school linkage, support.

• Postsecondary preparation opportunities.

The programs philosophy is to provide high quality and recreational programs for children and youth. Teams of caring, knowledgeable professionals plan developmentallyappropriate programs that are responsive to the unique needs, abilities and interests of children. Their staff foster a sense of independence, trust, and responsibility within each child through understanding and respectful interactions. Likewise, through positive relationships, their programs respect and support the ideals, cultures and values of families in their task of nurturing children and youth. They are advocates for children, families and the child and youth professionals within their programs and surrounding communities.

CONTACT INFORMATION FOR LOCAL CYP PROGRAMS:

For the most current information, please call the MWR hotline at 241-2209.

Child Development Centers:

- Yokosuka CDC: 243-3219
 Monday-Friday 0600-1800
- Main CDC Annex: 241-4101/4102 (formerly Hourly CDC).
- All Child Development Homes: 243-5478 Monday-Friday 0700-1700.
- Ikego Child Development Center: 246-8060 Monday-Friday 0600-1800.
- Negishi Child Development Center: 242-4316 Monday-Friday 0600-1800

School Age Care (SAC)

- Yokosuka: 243-5492/3439
 Monday-Friday 0600-1800
- Ikego: 246-8301 Monday-Friday 0600-1800
- Negishi: 242-4131
 Monday-Friday 0600-1800

Youth & Teen Programs:

- Yokosuka Youth Club: 241-2098. Monday-Friday 1400-1900, Saturday 1200-2000 *not open during school hours.
- Ikego Youth Club: 246-5929. Tuesday-Friday 1500-1900, Saturday 1200-2000
- Negishi Youth Club: 242-4121. Tuesday-Friday 1500-1900, Saturday 1200-2000 *not open during school hours.

This program is available to all active duty military, active reservists and guardsmen, DoD civilian personnel and contractors.



SCHOOL LIAISON PROGRAM



Local Website: http://
mwryokosuka.wordpress.com/slo/
Main Website: http://
militaryk12partners.dodea.edu/

CONTACT INFO:

DSN: 243-2588

Commercial: 046-816-2588

Email: ruth.russell@fe.navy.mil

Facebook:

https://www.facebook.com/groups/152407978107611/

Yokosuka SLO & Japan Regional School Liaison Officer:

Located in Bldg. 1555, Room 226 (PSD Bldg., adjacent to McDonalds).

School Liaison Officers (SLO) can help parents connect to new schools when making a PCS move. SLOs work with local school districts to ensure school personnel are aware of the stress military families may face due to frequent moves and extended deployments. Parents, school personnel and community members with questions on school-age military child education are encouraged to contact their local SLO.

SLOs prepare students, parents, schools and Navy leaders to respond to PCS and deployment issues that affect school-age children. They help Navy families be the best advocates for their child's education. They also will connect Navy Child and Youth Education Services' Youth Sponsorship program to school districts serving Navy families.

SLOs provide six core services:

- I. School transition services: Focus is on PCS moves and "leveling the playing field" for transitioning military children and youth.
- 2. Deployment support: They serve as a conduit, connecting educators to the Navy deployment support system to provide information about

the cycles of deployment and tools that are available to assist them when working with Navy children.

- 3. Command, School, community Communications: They provide support as the subject-matter expert for commanders on K-12 issues to connect command, schools and community recourses.
- 4. Home school linkage and support: They assist Navy families by gathering and sharing information on home-schooling issues, policies and legislation from local school districts. In addition, they will use Navy Child and Youth Programs resources to support these families.
- 5. Partnerships in Education (PIE): PIE creates a volunteer network of resources to support all installation and community members who have a stake in the success of all youth.
- 6. Postsecondary preparation: SLOs will leverage installation and school resources to provide graduating military students access to post-secondary information and opportunities.

QUICK LINKS: WHAT ARE MY CHILD'S OPTIONS FOR SCHOOL?

- Home Schooling
- International Schools
- Local Japanese Public Schools
- Japanese Private Schools
- On-Base Programs for Pre-Schoolers School District Links
- Off-Base Programs for Pre-Schoolers (Japanese Kindergarten)
- Nile C. Kinnick High School
- Yokosuka Middle School
- The Sullivans School (Elementary)
- Ikego Elementary School
- Byrd Elementary School (Negishi)



(image courtesy MWR Yokosuka webpage)



STRATEGIES FOR POSITIVE INTERNET USE





Directly quoted from: http://www.actforyouth.net/resources/rf/rf internet 1006.pdf

- "As technology continues to expand access to the Internet, use among teens is inevitable. Consequently, rather than focussing on censorship of teen use; we must look for strategies to encourage safer and more positive operation of this complex system. Some potential strategies include:
- A federal law, The Children's Online Privacy Protection Act (COPPA) requires websites to explain their privacy policies on the site and obtain parental consent before collecting or using a minor's personal information, such as a name, address, phone number, or social security number. The law also prohibits a site from requiring youth to provide more personal information than necessary to play a game or contest. For more information: http://www.fcc.gov/cgb/consumerfacts/cipa.html
- •Parents and educators can place Internet filters that inhibit access to inappropriate sites such as pornographic sites. Adolescents' access to sexual and reproductive health information is minimally affected by pornography-blocking software. For example, only 5% of online health information was filtered out by pornography-blocking software when installed at moderate settings while blocking 90% of pornographic content. For more information: www.wiredsafety.org.

- Many sites use "cookies," devices that track specific information about the user, such as name, email address, and shopping preferences. Cookies can be disabled. Ask your Internet service provider for more information. For more information: www.internet-filters.net.
- Parents and educators can educate themselves about the Internet. For more information: www.commonsense.com.
- Parents should not be afraid to monitor their teen's use of the Internet. Tracking programs can be purchased to access previously visited sites.
- Keep the computer in a common area, not in individual bedrooms, where you can watch and monitor your teen.
- Parents should become involved in their teens Internet life. Perhaps acquire a screen name and chat with their teen online. This will allow parents to be on the same page as their teens.
- A number of schools have incorporated media literacy into their curriculum in order to educate kids about the risks and benefits of Internet use. These programs will often show kids how to identify deceiving information and to never fully trust any non-accredited website. For more information: www.protectkids.com/dangers/stats.htm#youth.

RULES OF THE ROAD: TOP 10 THINGS TO TEACH YOUR CHILDREN TO KEEP THEM SAFE

by Donna Rice Hughes

- 1. Never give out personal information (such as name, age, address, phone number, school, town, password, schedule) or fill out questionnaires or any forms online.
- 2. Never meet in person with anyone you have met online.
- 3. Do not enter chat rooms.
- 4. Do not tell anyone online where you will be or what you will be doing with out Mom and/or Dad's permission.
- 5. Never respond to or send e-mail to new people you meet online. Talk to your parents first so that they can check it out.
- 6. Be careful not to go into a new online area that is going to cost additional money without first getting Mom and/or Dad's permission.
- 7. Never send, without Mom and/or Dad's permission, a picture over the Internet or via regular mail to anyone you've met on the Internet.
- 8. Don't buy or order products online or give out any credit card

- information online without Mom and/ or Dad's permission.
- 9. Never respond to any email or chat conversation that makes you feel uncomfortable. End such an experience by logging off and telling Mom and/or Dad as soon as possible.
- 10. Always tell Mom and/or Dad about something you saw, intentionally or unintentionally, that is upsetting.

Visit <u>www.protectkids.com</u> for additional information



LINKS FOR PARENTS

Please click on the links for additional information.

New Parent Support Program (FFSC) - The New Parent Support Program is here to help military families with young children to adapt to parenthood and to thrive as healthy families no matter where their service may take them. Program benefits are available to military families and SOFA sponsored families, who are expecting a child, or who have a child or children up to three years of age. All services are free, voluntary and confidential.

The New Parent Support Program is staffed by a Licensed Clinical Social Worker (LCSW) and a Registered Nurse (RN). Both have specialized training in early childhood development and nurturing parenting.

Navy Exceptional Family Member Program (EFMP)- An Exceptional Family Member is any dependent enrolled in DEERS who requires special medical or educational services based upon a diagnosed chronic physical, intellectual, or emotional need. Enrollment in EFMP is mandatory per MCO 1754.4A and SECNAV INST 1754.5B.

<u>Healthy Children. Org</u> - Created by the American Academy of Pediatrics (AAP) this website is designed to provide optimal physical, mental, and social health and well-being information for all infants, children, adolescents, and young adults.

<u>Kids.gov</u> - The official kid's site of the U.S. Government. Created by USA.gov for children that links kids parents and teachers to U.S. government information and services on teh web from government agencies, schools, and educational organizations, all geared to the learning level and interest of kids.

<u>CDC.gov/parents</u>- Center for Disease Control parent information for infants and toddlers (approx. ages 0-3).

Choosemyplate.gov- The Center for Nutrition Policy and Promotion (part of the U.S. Department of Agriculture) created this page to help provide dietary guidelines for Americans, USDA food guidance systems, healthy eating indexes, U.S. Food Plans, Nutrient Content of the U.S. Food Supply, and Expenditures on Children by Families.

GreatDad.com- Because Dad's don't always think like Moms. GreatDad.com is a leading source of experience, recommendations, inspiration and advice for dads-delivered from the male perspective. GreatDad.com currently offers the only pregnancy countdown newsletter written by dads and for dads.

They provide unique content written specifically for dads, such as a 'Gadget of the Day' column and a special area called 'By Dads for Dads' about kids' products, created by entrepreneurial dads. There are timely, relevant polls, community forums, and a database of helpful medical, developmental, and educational articles from across the Web. We also offer free RSS feeds of our articles, as well as an XML feed of our daily dad and parenting news feature, including family-friendly movie reviews.



Photo taken from: here



ITC RAY'S RETIREMENT



Chief Petty Officer Ray passes through sideboys as he is granted permission from Captain Streeter to go ashore for the last time during his retirement ceremony at the CPO Club.

BY ITI (IDW/SW/AW) NEWMAN

Chief Petty Officer Antonio Ray's retirement ceremony was held on Friday, 03 February 2012 at Yokosuka's Chief Petty Officer's club. The guest speaker CWO4 Williams traveled from Norfolk, Virginia to recognize ITC Ray's 23 years of faithful military service.

Chief Petty Officer Antonio J. Ray Sr, is a native of Montgomery, Alabama, born July 26, 1969 to Author and Betty Ray. He received his high school diploma from Jefferson Davis High school in May 1988.

He enlisted in the U.S. Navy MEPS station Montgomery, Alabama. He attended Basic Recruit Training February 8, 1989 at Great Lakes Naval Base, Chicago, Illinois.

After graduating from Radioman "A" school, ITC Ray reported for duty onboard USS Guam (LPH-9) in Norfolk, VA where he worked as a Radio operator from August 1989 to February 1992 and was promoted to Radioman 3rd class. ITC then went on to complete Communications Systems Technician School at Naval Training Center San Diego, CA.

In March 1992 he reported for shore duty at Atlantic Fleet Weapons Training Facility Roosevelt Roads, PR where he was promoted to Radioman 2nd class

and earned his Aviation Warfare Specialists pin.

After a successful tour on shore duty, he reported to Commander Submarine Group TEN in Kings Bay, GA to work as a Submarine Satellite Information Exchange Sub-system operator from April 1995 to August 1998.

ITC Ray reported to the USS Dwight D. Eisenhower (CVN-69) in Norfolk, VA in September of 1998. While onboard he earned his Enlisted Surface Warfare Specialist pin and was promoted to Radioman 1st Class Petty Officer. He attended Information System Administrator "C" school at Naval Training Center Corey Station in Pensacola, FL after this very successful sea tour onboard the USS Eisenhower.

Chief Ray served at Naval Computer and Telecommunications Area Master Station DET Pensacola, FL from November 2002 to November 2005. During this tour he successfully qualified as a Network Security Vulnerability Technician.

ITC Ray reported to Commander Amphibious Squadron Four Little Creek, VA in April 2005. He was promoted to Chief Petty Officer in September of 2008.

After his promotion to Chief, ITC Ray reported U.S. Naval Computer and Telecommunications Station Far East in Yokosuka, Japan to serve as the N3 Operations Chief. In September of 2009 Chief Ray took over as the Local Network Service Center's leading Chief Petty Officer.

Following retirement, ITC Ray will be joining the Military Sealift Command to continue his commitment and dedication to serve the nation. Please feel free to congratulate ITC Ray on Facebook.

Calendar

March 5-7, 2012

COMPASS Class, Community Readiness Center Room 222, email: yokosukacompass@gmail.com

March 8, 2012

Marriage Enrichment Workshop, Chapel of Hope, 0830-1600.

March 11, 2012

Daylight Savings Begins Stateside

March 21, 2012

Negishi Town Hall Meeting

March 23, 2012

Comedy is the Cure with Bernie McGrenahan, Benny Decker Theater 0800-0945 and 1300-1445.

March 25, 2012

CFAY Spring Festival Open Base Event 0900-1600.

Be sure to stop by the Command's Shinsen Orphanage Booth #24! They will be selling hot dogs, tacos and beverages. Proceeds will be used to pay for events the Command puts on for the orphans.

March 27, 29 & April 24,26,27

Road Tax, Building "J-196" (where the VRO/NEX Car Rental is located - building in front of Chili's next to the Auto Port).0900-1200/1300-1430

April 8, 2012

Combined Easter Sunrise Service, Chapel of Hope, Time TBA.

April 14, 2012

Negishi Friendship Day

April 17, 2012

Ikego Town Hall

April 14-15, 2012

NEX Bazaar

May 12, 2012

Ikego Friendship Day